

The Stuc a' Chroin 5000 Hill Race

(Sponsored by Graham Tiso, The Green Welly Stop, Kingshouse Travel, T Allan & Sons & Sula Furnishings)

(Race held under British Athletic Rules)

Saturday 30th April 2011 – Entry Fee £6.00

Name: _____ Date of Birth: _____

Address: _____

Club: _____

S.A. Membership Number (If applicable) : _____

Please Ring Category

			Date of Birth falls between
M	Male aged	18 to 39	(1/5/71 – 30/4/93)
F	Female aged	18 to 39	(1/5/71 – 30/4/93)
MV40+	Male aged	40 to 49	(1/5/61 – 30/4/71)
FV40+	Female aged	40 to 49	(1/5/61 – 30/4/71)
MV50+	Male aged	50 to 59	(1/5/51 – 30/4/61)
FV50+	Female aged	50 to 59	(1/5/51 – 30/4/61)
MV60+	Male aged	60+	(30/4/51 or before)
FV60+	Female aged	60+	(30/4/51 or before)

ARE YOU A LOCAL RUNNER YES / NO ?

I, the above named, will not hold the organisers of the race responsible in any way, for any incident, loss, injury or death which may occur during, or in connection with, the race on the above date.

The race is an amateur event, permitted by Scottish Athletics run under British Athletic Rules, and I hereby agree to abide by these rules.

In the interests of safety any runner who does not reach the control point at Bealach Nan Cabar, 602163, marked on the route plan by 3pm or 2 hours after the start will be required to withdraw from the race.

Signed: _____