

# The Ben Sheann Hill Race

(Sponsored by Kingshouse Travel, T Allan & Sons & Sula Furnishings)

(Race held under British Athletic Rules)

**Wednesday 15<sup>th</sup> June 2011 – Entry Fee £4.00**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Club: \_\_\_\_\_

S.A. Membership Number (If applicable) : \_\_\_\_\_

## Please Ring Category

Category		Age	Date of Birth falls between
M	Male aged	18 to 39	(16/6/71 –15/6/93)
F	Female aged	18 to 39	(16/6/71 –15/6/93)
MV40+	Male aged	40 to 49	(16/6/61 – 15/6/71)
FV40+	Female aged	40 to 49	(16/6/61 – 15/6/71)
MV50+	Male aged	50 to 59	(16/6/51– 15/6/61)
FV50+	Female aged	50 to 59	(16/6/51– 15/6/61)
MV60+	Male aged	60+	(15/6/51 or before)
FV60+	Female aged	60+	(15/6/51 or before)
M Jnr	Male junior	aged 14 to 17	(16/6/93 – 15/6/97)
F Jnr	Female junior	aged 14 to 17	(16/6/93 – 15/6/97)

## ARE YOU A LOCAL RUNNER YES / NO ?

I, the above named, will not hold the organisers of the race responsible in any way, for any incident, loss, injury or death which may occur during, or in connection with, the race on the above date.

The race is an amateur event, permitted by Scottish Athletics run under British Athletic Rules, and I hereby agree to abide by these rules.

Signed: \_\_\_\_\_

Entry Fees: Adult £4.00, Junior £1.00